



### 1 - HEIGHT ADJUSTMENT LEVER

#### To raise

With the right hand, pull lever up while taking your weight off chair

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#### To lower

With the right hand, pull lever up while seated



### 1 - TILT LOCK / UNLOCK LEVER

#### To lock tilt recline

With the right hand, pull handle outwards

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#### To unlock tilt recline

With the right hand, push handle inward



### 2 - TENSION ADJUSTMENT KNOB

#### To increase

Rotate knob clockwise

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#### To decrease

Rotate knob counterclockwise

#### PRODUCT NAME

**MPD38 Aluminium plate**

#### TYPE

**Tilt mechanism**

#### FEATURES

**Height adjustment**

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**Comfort adjustment**

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**Tilt lock**