



1 - HEIGHT ADJUSTMENT LEVER

To raise

With the right hand, pull lever backwards while taking your weight off chair

—

To lower

With the right hand, pull lever backwards while seated



2 - TILT LOCK / UNLOCK LEVER

To lock tilt recline

Bring the backrest to the desired position using your body weight and, with the left hand, pull lever back

—

To unlock tilt recline

With the left hand, pull lever forwards and unlock the tilt using your body weight



3 - TENSION ADJ. HEX-SCREW

To increase

Insert the hex-key into the designated hole and rotate it clockwise

—

To decrease

Insert the hex-key into the designated hole and rotate it counterclockwise

PRODUCT NAME

Friendly

TYPE

Weight activated mechanism

FEATURES

Height adjustment

—

Comfort fine-tuning

—

Tilt lock