



1 - HEIGHT ADJUSTMENT LEVER

To raise

With the right hand, pull handle outwards while taking your weight off chair

—

To lower

With the right hand, pull handle outwards while seated



2 - TENSION ADJ. HEX-SCREW

To increase

Insert the hex-key into the designated hole and rotate it clockwise

—

To decrease

Insert the hex-key into the designated hole and rotate it counterclockwise



3 - TILT LOCK / UNLOCK LEVER

To lock tilt recline

Bring the backrest to the desired position using your body weight and, with the left hand, pull lever outwards

—

To unlock tilt recline

With the left hand, pull lever outwards and unlock the tilt using your body weight



4 - SEAT DEPTH ADJ. LEVER

To move forward / backward

With the right hand, pull handle outwards and, using your body weight, bring the seat to the desired position

PRODUCT NAME

Friendly 3

TYPE

Weight activated mechanism

FEATURES

Height adjustment

—

Comfort fine-tuning

—

Tilt lock

—

Seat depth adjustment