



1 - HEIGHT ADJUSTMENT LEVER

To raise

With the right hand, pull handle outwards while taking your weight off chair

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To lower

With the right hand, pull handle outwards while seated



2 - TENSION ADJUSTMENT KNOB

To increase

Rotate knob clockwise

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To decrease

Rotate knob counterclockwise



3 - SEAT ANGLE ADJ. LEVER

To bring the seat angle at 0°

With the hand, move lever left

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To bring the seat angle to -4°

With the hand, move lever right



4 - TILT LOCK / UNLOCK LEVER

To lock tilt recline

Bring the backrest to the desired position using your body weight and, with the left hand, pull lever outwards

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To unlock tilt recline

With the left hand, pull lever outwards and unlock the tilt using your body weight



5 - SEAT DEPTH ADJ. LEVER

To move forward / backward

With the right hand, pull handle outwards and, using your body weight, bring the seat to the desired position

PRODUCT NAME

Friendly 3 Plus

TYPE

Weight activated mechanism

FEATURES

Height adjustment

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Comfort fine-tuning

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Seat angle adjustment

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Tilt lock

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Seat depth adjustment